

## Understanding Trauma

Integrating Biological, Clinical, and Cultural Perspectives

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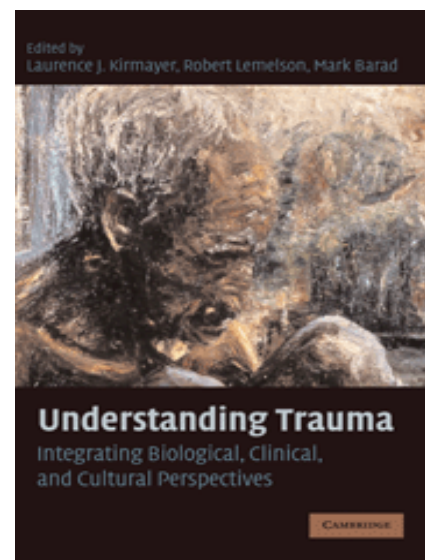
This book analyzes the individual and collective experience of and response to trauma from a wide range of perspectives including basic neuroscience, clinical science, and cultural anthropology. Each perspective presents critical and creative challenges to the other. The first section reviews the effects of early life stress on the development of neural systems and vulnerability to persistent effects of trauma. The second section of the book reviews a wide range of clinical approaches to the treatment of the effects of trauma. The final section of the book presents cultural analyses of personal, social, and political responses to massive trauma and genocidal events in a variety of societies. This work goes well beyond the neurobiological models of conditioned fear and clinical syndrome of post-traumatic stress disorder to examine how massive traumatic events affect the whole fabric of a society, calling forth collective responses of resilience and moral transformation.

### Contents

Foreword; 1. Introduction: inscribing trauma in culture, brain and body; Part I. Biological Perspectives on Trauma: Introduction; 2. Neurobiological and neuroethological perspectives on fear and anxiety; 3. Some biobehavioral insights into persistent effects of emotional trauma; 4. Learning not to fear: a neural systems approach; 5. Mechanisms of fear extinction: towards improved treatments for anxiety; 6. Developmental origins of neurobiological vulnerability for PTSD; 7. Somatic manifestations of traumatic stress; 8. Does stress damage the brain?; Part II. Clinical Perspectives on Trauma: Introduction; 9. Cognitive behavioral treatments for PTSD; 10. PTSD among traumatized refugees; 11. PTSD: a disorder of recovery?; 12. The developmental impact of childhood trauma; 13. Adaptation, ecosocial safety signals and the trajectory of PTSD; 14. Religion and spirituality after trauma; 15. Post-traumatic suffering as a source of transformation: a clinical perspective; Part III. Cultural Perspectives on Trauma: Introduction; 16. Trauma, adaptation, and resilience: a cross-cultural and evolutionary perspective; 17. Bruno and the holy fool: myth, mimesis, and the transmission of traumatic memories; 18. Failures of imagination: the refugee's predicament; 19. Trauma, culture and myth: narratives of the Ethiopian Jewish exodus; 20. Post-traumatic politics: violence, memory and biomedical discourse in Bali; 21. Terror and trauma in the Cambodian genocide; 22. Trauma in context: integrating biological, clinical and cultural perspectives; Epilogue: trauma and the vicissitudes of interdisciplinary integration; Index.

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