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UNDERSTANDING TRAUMA

Integrating Biological, Clinical, and Cultural Perspectives

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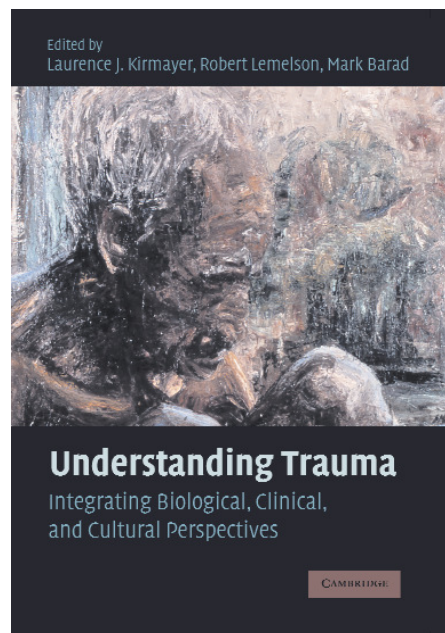
"Understanding Trauma is an important book. Its multidisciplinary, multicultural perspectives will benefit a wide audience. It explains the complexity of trauma so eloquently that readers will see the dots begin to connect. Its successful integration of multidisciplinary research... takes the study of trauma to the next level."

- PsycCRITIQUES

This book is a must read for anyone seriously interested in the predisposition, cause, course, treatment, and outcome prognosis for people experiencing trauma and post trauma consequences... The authors have created a state-of-the-art review that is fascinating, informative, and extremely useful to all concerned with understanding trauma and its effect on all of our lives.

- Murray A. Brown, MD

This book analyzes the individual and collective experience of and response to trauma from a wide range of perspectives including basic neuroscience, clinical science, and cultural anthropology. Each perspective presents critical and creative challenges to the other. The first section reviews the effects of early life stress on the development of neural systems and vulnerability to persistent effects of trauma. The second section of the book reviews a wide range of clinical approaches to the treatment of the effects of trauma. The final section of the book presents cultural analyses of personal, social, and political responses to massive trauma and genocidal events in a variety of societies. This work goes well beyond the neurobiological models of conditioned fear and clinical syndrome of post-traumatic stress disorder to examine how massive traumatic events affect the whole fabric of a society, calling forth collective responses of resilience and moral transformation.



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